### San Jose Middle School Students write heartfelt holiday cards to Homebound Seniors

**San Jose, December 6, 2016:** For the second year, middle school students at College Connection Academy are volunteering their time and creativity to create 3,000 handwritten holiday cards for seniors who are homebound Meals on Wheels participants.

The cards, as illustrated below, express humor, warmth, and holiday cheer for Santa Clara County seniors. For many, these cards lift the spirits of those unable to travel, shop, or cook for themselves.

All cards will be delivered to Meals on Wheels recipients with special Thanksgiving and Christmas dinners ;providing cheer to seniors this holiday season.

*“If you’re feeling warm today, it’s from all the love we’re sending your way.”*

-holiday wish from College Connection Academy student

The project began in 2015, when Principal Amber Andrade of College Connection Academy contacted Sourcewise seeking a volunteer opportunity to positively impact her students’ lives and people in the community. Ms. Andrade wanted the students to realize that their actions, while small, can have a large impact. College Connection Academy fosters leadership and civic engagement for students though active participation in the community.

“We are proud to partner with these young people and support their volunteerism in the community. It is important for our future leaders to be civic-minded and appreciate the value of seniors in the community. Projects like these help connect both generations.” states Henri Villalovoz, Director of Meals on Wheels at Sourcewise.

The Sourcewise Meals on Wheels program administered 678,867 meals in fiscal year 2015-16, offering home delivered meals with no mandated cost to homebound seniors. (There is a suggested contribution of $1.80 per day; however, no one is denied meals if unable to pay this amount.)

For more information about the Meals on Wheels Program of Sourcewise, please visit [www.mysourcewise.com/meals-wheels](file:///C:\Users\cshafiabady\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\XD7D993N\www.mysourcewise.com\meals-wheels), or call (408) 350-3200, Option 4. To support this program, visit [www.mysourcewise.com/commitment](file:///C:\Users\adelpinal\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\ZLNFMK7D\www.mysourcewise.com\commitment).

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