



TITLE III E FCSP CAREGIVER TRAINING

Program Goal: The National Family Caregiver Support Program (FCSP) is designed to establish networks that provide supportive services for family caregivers, grandparents, and older individuals who are relative caregivers.

Service Definition, Caregiver Training: Service consisting of workshops or one-on-one individually tailored sessions, conducted either in person or electronically by a skilled and knowledgeable individual, to assist caregivers in developing the skills and gaining the knowledge necessary to fulfill their caregiving responsibilities; and shall address the areas of health, nutrition, and financial literacy.

OAA Service Type: Title III E FCSP Caregiver Training (Caring for Elderly), Support Service
Service Type: Registered Service

Area to be Served, contract 1: Santa Clara County

Area to be Served, contract 2: Targeting geographic region of Santa Clara County, identifying targeted vulnerable population including but not limited to LGBTQ+ Caregivers, African American/Black Caregivers, Asian American, and/or Hispanic/Latinx Caregiver population.

Service Area Target Population: Caregivers must be 18 years of age or older. Applicant must demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the Older Americans Act. Reference 22 CCR § 7125 & 22 CCR § 7127.

Care receivers must be age 60 years or older, or individuals of any age with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction younger than 60 years of age.

Applicant must have established methods, other than the use of a means test, to provide services to all eligible an older adult's family caregiver.

Baseline Older American Act, Title III E Funding:

Funding available*: \$52,400

Maximum funding request: \$30,000

Minimum funding request: \$22,400

Required Match: 35% of grant funds requested

Service Standard:

Based on the minimum funding request (\$22,400)

Unit of Service: 1,200

Minimum Unduplicated Persons Goal: 100**

Based on the maximum funding request (\$30,000)

Maximum Unit of Service: 1,800

Minimum Unduplicated Persons Goal: 130**

* *Funding is contingent upon the availability of state and federal funds. The allocation outlined above represents a planning estimate provided by the California Department of Aging and/or Federal Government and is subject to change.

** Unduplicated persons goal can be renegotiated dependent on the quality of the service provided and to which geographic region including the identification of vulnerable communities served as it relates to the OAA greatest economic need (22 CCR § 7125) and greatest social need (22 CCR § 7127).

Unit of Service Type: 1 hour = 1 unit of service

For additional budgeting requirements read the 2021-2022 OAA Title III E Bidders Guide available on the Sourcewise website: <https://www.mysourcewise.com/about/grantees/>

Family Caregiver Support Program, Caregiver Training

Program Specific Scope of Service:

1. Staff shall be trained and experienced in working with caregiver and care recipients who are in the greatest economic need (22 CCR § 7125) and social need (22 CCR § 7127). The skills to direct group activities, facilitate discussion, provide informal counseling, and coordinate community resources and linkages for participants are required.
2. Organization has experience conducting individual assessments that identify the caregiver's willingness to provide care; duration and care frequency preferences, caregiving abilities; physical health, psychological, social support, and training needs; financial resources relative for caregiving; and strengths and weaknesses within the immediate caregiving environment and the caregiver's extended informal support system.
3. Organization has experience providing individual counseling, support groups, and training to assist caregivers with health, nutrition, and financial literacy, and in making decisions and solving problems related to their caregiving roles.
4. The Title III E FCSP encourages the use of volunteers to further expand availability of services to target population in defined geographic region. Bidder has capacity and/or experience to recruit, train, and used volunteers in any phase of program operations where qualified.
5. Bidder shall demonstrate appropriate local caregiver community-based agency & county-based linkages and coordination to ensure comprehensive service delivery and avoid unnecessary duplication of services to caregivers in Santa Clara County.
6. Provider shall adhere to the **Updated Guidance for Temporary Alternative Service Delivery of the Older Americans Act Programs Operations During the COVID-19 Pandemic, included as Appendix A.**
7. **Objectives:** The service provider is required to demonstrate that each of the following program's areas are successfully completed within the awarded fiscal year from July 1, 2021 – June 30, 2021. Included in the Older American Act Application for Funding, list at least one measurable objective for each of the following program areas; reaching the target population, staffing and volunteers, coordination with other agencies, public information, obtaining contributions, client input, and fundraising.

Targeting

Bidder must have established methods, other than use of means testing, to provide services to all informal family caregivers or a grandparent, or an older individual who is a relative caregiver. Programs, services, and activities must be very specific and explicit about the communities they are attempting to address gaps in service delivery.

Additionally, demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the Older Americans Act.

Service providers must show intent and methodology to serve the needs of caregivers and care recipients:

- Age 75+
- Low Income (federal poverty)
- Minority
- Living Alone

Staffing & Volunteers

Bidder must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Older Americans Act program and the kinds of tasks that will be performed by volunteers to further expand the provision of the Title III E program.

Coordination

Bidder shall form and administer cooperative agreements with other community-based agencies to demonstrate appropriate agency linkages and coordination to ensure comprehensive service delivery and avoid unnecessary duplication of services.

Public Information/Outreach

Bidders must have planned information and outreach activities, including distribution printed materials co-branded with funding agency (Sourcewise) to promote services to target populations and geographic region in the community.

Awarded bidder must ensure that programs and services are available to all older adults regardless of sexual orientation and gender identity. Evaluation of outreach efforts to gay, lesbian, bisexual, and transgender older adults will be included in the contract monitoring requirements.

Client Input

Bidder must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the annual process by which regular client input is received and areas that are monitored for quality service.

Client Contribution

Bidders must provide clients with the opportunity to provide voluntary contributions confidentially to support the cost of the Title III/Title VII OAA program.

Bidder shall describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined and (c) the method used to collect and record client contributions to ensure confidentiality.

8. Reporting Requirements:

The awarded bidder shall demonstrate an effective data management and record retention process and procedure to capture participant eligibility to fulfil the reporting requirements.

As a “registered service” detailed client information for the client is required to be collected and reported if the bidder plans on providing service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise database program, to report on services and client characteristics. The bidder must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Service providers are required to collect information on Name, Zip Code, and Birth Date in order to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, ADLs, IADLs, and units of service.

The following required characteristics must be collected from each caregiver and care recipient and entered to the Data Reporting Software, Q Continuum (“Q”):

Caregiver Required Data Characteristics:

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- Employment Assessment
- Create a Caregiver Record

Care Recipient Required Data Characteristics:

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- ADLs/IADLs Assessment
- Caregiver/Care Recipient Relationship File