

# Dignity at Home

## FALL PREVENTION PROGRAM



*“More than one out of four older people falls each year, but less than half tell their doctor. Falling once doubles your chances of falling again.”*

– Centers for Disease Control and Prevention

**LEARN** how to stay independent and safe at home by preventing unnecessary falls. Individuals who may be eligible to receive assistance through the Sourcewise Dignity at Home Fall Prevention Program include:

- 60 years of age or older
- Adults with disabilities
- Household income does not exceed \$85,409
- Income verification is required
- Eligible South County residents (Gilroy, San Martin, Morgan Hill)

### Services include:

- 01** Falls & Fall Risk Assessment
- 02** Individualized Fall Intervention
- 03** Fall Prevention Education
- 04** Injury Prevention Strategies

Obtain injury prevention equipment, services, materials and labor for homeowners and renters who meet eligibility requirements

### STEADI Certified Specialists:

- Identify patient at low, moderate, and high risk for fall
- Identify modifiable risk factors
- Offer effective interventions



mysourcewise.com ■ (408) 762-7362



Stopping Elderly Accidents,  
Deaths & Injuries