## Sourcewise Named Recipient of Prestigious Aging Innovations Award from USAging

**Santa Clara, August 7, 2023:** Sourcewise is thrilled to announce that MyPlan by Sourcewise received a 2023 Aging Innovations Award from USAging, one of the highest honors presented by USAging to its members. MyPlan, which connects care managers to caregivers to provide real-time assistance and support, was among 16 local aging programs to receive innovations honors during the USAging's 48th Annual Conference and Tradeshow, July 16-19 in Salt Lake City. An additional 34 agencies received Achievement Awards.

The 2023 USAging Aging Innovations & Achievement Awards, supported by Caregiving.com and Cumulus, recognizes USAging's Area Agency on Aging (AAA) and Title VI Native American Aging Program members that have found new and innovative ways to support older adults, people with disabilities and caregivers as they live in their homes and communities.

"The Aging Innovations & Achievement Awards are a timely reminder of the evolving role USAging members play in the planning, development, coordination and delivery of aging and other home and community-based services in nearly every community in the United States," said USAging CEO, Sandy Markwood. "The AAAs and Title VI programs we honor today have set a standard for innovation and creativity in helping vulnerable older adults live with independence and dignity in their homes and communities," Markwood added. "USAging is inspired by the example they have set for others in the Aging Network."

Sourcewise MyPlan offers real-time chat with a Sourcewise Caregiver Care Manager and access to individualized resources and informative articles through a secure dashboard accessible by mobile phone or web browser. MyPlan enables Caregivers Network by Sourcewise to serve more caregivers by tracking health-related outcomes without sacrificing quality of service or personalized assistance. "My Plan is a powerful tool for unpaid caregivers that helps their loved ones thrive at home. For the estimated 177,000 family caregivers living in Santa Clara County, this tool is a game changer," said Aneliza Del Pinal, Sourcewise CEO.

Regarding the impact of MyPlan, Del Pinal continued, "After three months of enrollment in MyPlan, informal caregivers report reductions in their levels of stress and depression. MyPlan positively impacted the caregiver's knowledge of resources; for example, their lack of awareness of reliable transportation decreased by 12%, levels of food insecurity decreased by 10%, and their overall levels of unmet needs decreased by 30%. "

The 2023 USAging Aging Innovations & Achievement Awards honored traditional and new strategies in a range of categories, including Caregiving, Diversity, Equity and Inclusion, Health-LTSS Integration, Healthy Aging, Home and Community-Based Services, Housing and Homelessness, Nutrition, Public Health and Vaccinations, Social Engagement, Technology and Transportation and Mobility.

All winners are highlighted in the USAging Aging Innovations & Achievement Awards Showcase.

## **About Sourcewise**

Sourcewise collaborates with Santa Clara County, state, and local networks to provide a streamlined approach to service and support systems. We empower individuals by providing information, allowing for personal choices, and continued independence. We strive to create a community-based system of care that crosses city boundaries, income levels, geography, and special interests. Our commitment to offering community resource solutions is grounded in our rich history of serving the communities of Santa Clara County. For more information about specific programs and services offered by Sourcewise, visit <u>mysourcewise.com</u>.

## About USAging

USAging is the national association representing and supporting the network of Area Agencies on Aging and advocating for the Title VI Native American Aging Programs. Our members help older adults and people with disabilities throughout the United States live with optimal health, well-being, independence and dignity in their homes and communities. USAging is dedicated to supporting the success of our members through advancing public policy, sparking innovation, strengthening the capacity of our members, raising their visibility, and working to drive excellence in the fields of aging and home and community-based services. For more information about USAging, AAAs or Title VI programs, visit <u>usaging.org</u>.

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