

Allowable Medical Deductions

Are you 60+?
Are you disabled?
Do you have medical
expenses?



You may qualify for the CalFresh Medical Expense Deduction

A household with at least one elderly or disabled household member can deduct that member's non reimbursed medical expenses over \$35. Only medical expenses that the household paid for out of pocket can be deducted. Expenses that are covered by Medi-Cal or other public or private medical insurance cannot be deducted.

Deductible expenses include:

- Eyeglasses, contact lenses, and optometry
- Dentures, hearing aids, and prosthetics
- Prescriptions and over-the-counter medications
- Medicare Premiums
- Medical and/or dental care provided by certified practitioners
- Hospitalization or outpatient treatment and home nursing care
- Health/hospitalization insurance premiums and co-pays
- Long Term Care (LTC) Insurance Premiums
- Prescribed medical supplies/equipment
- Service animal expenses including food/veterinarian bills
- Home healthcare/medical Lifeline service
- Cost of transportation to doctor, pharmacy, or any medical appointment
- Cost of lodging to obtain medical treatment or services
- Cost of maintaining an attendant due to age, illness, or infirmity
- Cost of meals for an attendant
- Transportation to/from dependent care facility/provider



Sourcewise can help you apply to receive CalFresh!
Scan the QR code or call (408) 762-7362 to see if you're eligible today.