

What Can I Buy With My EBT?

An Electronic Benefit Transfer (EBT) card allows you to use your CalFresh Food Benefits from the Supplemental Nutrition Assistance Program (SNAP) to buy food.

You can buy food items such as bread and cereals; fruits and vegetables; meats, fish, and poultry; dairy products; snack foods; non-alcoholic drinks; and seeds and plants to grow additional food for you and/or your family to eat.

Locations will post signs if your EBT card is accepted there.

Common Stores Where You Can Use Your EBT to Buy Food

7-Eleven	H-Mart	Trader Joe's
Chavez Supermarket	Ranch 99	Walgreens
Costco	Safeway	Walmart
Grocery Outlet	Sprouts Farmers Market	Whole Foods

To Access Your CalFresh Benefits

To use your benefits, you will receive a plastic EBT card, also known as the Golden State Advantage card. You can use it like a debit or ATM card by entering a four-digit Personal Identification Number (PIN). For security purposes, the PIN will be sent in a separate mailing.

To check your EBT card balance, buying history and more, visit <https://www.ebt.ca.gov/cardholder/> or call the EBT Customer Service team +1 (877) 328-9677.



Sourcewise can help you apply to receive CalFresh!
Scan the QR code or call (408) 762-7362 to see if you're eligible today.



Find locations that accept EBT:

Physical retail stores

CalFresh Food Retail Locator
<https://tinyurl.com/2p8scjyx>

Online retail stores

CA EBT Online
<https://tinyurl.com/you3z544r>

Farmers' markets

<https://tinyurl.com/3xpax646>



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