



MODERNIZING THE OLDER CALIFORNIAN'S ACT NUTRITION INVITATION FOR BID/REQUEST FOR PROPOSAL PROCEDURE

PART I. INTRODUCTION

Sourcewise is a nonprofit organization designated by the State of California Department of Aging as the Area Agency on Aging (AAA) for Santa Clara County. As the AAA, Sourcewise is responsible for planning, advocacy, coordination, and community development for senior programs and the contract administration of Modernizing the Older Californian's Act (MOCA) Nutrition funds allocated for seniors in Santa Clara County. The goal of Sourcewise is to provide a comprehensive system of services to older people to allow them to live independently and avoid inappropriate institutional placement.

Sourcewise's annual planning process identifies the needs of older adults and individuals with disabilities in Santa Clara County and develops Area Plan objectives to address these needs. The objectives are accomplished, in part, through the purchase of services from community-based organizations. The focus of MOCA Nutrition is innovative services that support underserved communities while valuing small-scale/grassroots engagement and cultural representation. These new innovative services are not currently offered with Sourcewise's contracts. For the 2025- 2026 fiscal year starting on January 1, 2025, through March 31, 2026, Sourcewise is seeking new innovations and invites the submission of proposals for the provision of the following nutrition services including:

- MOCA Nutrition Services, Brown Bag
- MOCA Nutrition Services, Groceries
- MOCA Nutrition Services, Intergenerational Activities
- MOCA Nutrition Services, Title III C1 Congregate Meal Nutrition Services
- MOCA Nutrition Services, Title III C2 Home Delivered Meal Nutrition Services

Agencies interested in submitting a Request for Proposal can find more information on the Sourcewise website at <https://mysourcewise.com/support-sourcewise/grantees/>.

The Request for Proposal Program Standard provides detailed instructions to support agencies through the proposal development and submission process.

Activities funded under this request for proposal must align with the goals of the Modernizing the Older Californian's Act Nutrition Services by addressing the evolving needs of the aging population, with a focus on supporting underserved communities. These funds will prioritize community-based service programs that address the evolving needs of older adults, people with disabilities, and caregivers.



PART II. GLOSSARY OF TERMS

AAA: Area Agency on Aging is an identifiable private nonprofit or public agency designated by the Department of Aging that works for the interest of older Californians within the Planning and Service Area (PSA). This agency engages in community planning, coordination, and program development, and, through contractual arrangements, provides a broad array of social and nutritional services. SOURCEWISE is the designated AAA in Santa Clara County.

ADL: Activities of Daily Living. Indicates the person's total score on the Katz Index of Independence in Activities of Daily Living (ADL). Activities include bathing, dressing, toileting, transferring, continence, and feeding. Permissible values are 0-6.

Audience Size: For non-registered services for which an unduplicated count of participants may not be feasible, reporting an audience size is acceptable instead.

Bidder: The applicant organization responding to the Request for Proposal. This term is used interchangeably with 'applicant.'

Brown Bag: A program that provides both surplus and donated edible fruits, vegetables, and other unsold food products to older individuals with low income.

CDA: California Department of Aging

Contract: An official document binding both parties regarding the program and services to be provided. The selected proposed budget and Title III, and Title VII programs will become a part of the contract including requirements and agreement to comply with the Older American Act, Code of Federal Regulations (CFR), California Code of Regulations (CCR), and provisions required by Sourcewise.

Eligible Population: Older individuals sixty (60) years of age or older, with emphasis on those in greatest economic and social need with particular attention to low-income minority older individuals, older individuals with Limited English Proficiency (LEP), and older individuals residing in rural areas.

Evaluation Committee: A team of evaluators comprised of members of the Sourcewise Board of Directors and Sourcewise Advisory Council that assess, and source RFP submissions based on a predetermined proposal grading rubric.

Focal Point: A designated senior center that provides a broad spectrum of senior services.

Greatest Economic Need: Having an income at or below the federal official poverty line defined by the federal Bureau of the Census and published annually by the Department of Health and Human Services.

Greatest Social Need: The need caused by noneconomic factors which include any of the following:

1. Physical and mental disabilities.
2. Language barriers.
3. Cultural, social, or geographical isolation, including isolation caused by racial or ethnic status, sexual orientation, gender identity, or gender expression that does the following:

- a. Restricts the ability of an individual to perform normal daily tasks.
- b. Threatens the capacity of an individual to live independently.

Groceries: Assistance to Modernizing the Older Californian's Act participants in the form of food items.

Intergenerational Activities: Efforts related to the planning, development, and implementation of activities and programs that bring participants of the Older Californians Nutrition Program (OCNP) together with children or adults. Mutually beneficial intergenerational activities promote greater understanding and respect between generations and strengthen older adults' recovery and resilience from the isolation and health impacts of the COVID-19 pandemic.

Matching Contributions: The cash and/or in-kind contribution made by the bidder organization that qualifies as a match for the request for funds.

Minority Provider: A nonprofit organization whose controlling board is comprised of at least 51% minority individuals who are African American, Hispanic, American Indian/Native Alaskan/Native Hawaiian, and/or Asian American/Pacific Islander.

Minority: A person of color who is any of the following:

- a. **Black/African American:** a person having origins in any of the Black racial groups of Africa.
- b. **Hispanic:** a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race.
- c. **Asian/Pacific Islander:** a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Trust Territories of the Pacific including the Northern Marianas.
- d. **American Indian/Alaskan Native:** An American Indian, Eskimo, Aleut, or Native Hawaiian.

MOCA: Modernizing the Older Californian's Act

Non-Profit: Any agency, institution, or organization which is owned and operated by one or more corporations or associations with no part of the net earnings benefiting any private shareholder or individual.

Non-registered services: Services where it is not practical to collect client specific information or require the client to register may serve as a barrier to receiving a service.

Older Californians Act: The state funding source for Community-Based Services Programs.

Older Californians Nutrition Program: The Title III C-1 Congregate Nutrition Services and Title III C-2 Home-Delivered Nutrition Services.

Open and Competitive Process: The formal Sourcewise process followed to solicit proposals for the provision of services.

PSA: Planning and Service Area (PSA). PSA defines the geographic region which the AAA encompasses.

Request for Proposal (RFP): An official document that requests community organizations to respond to a formal invitation to provide a specific program of services. It contains the terms and conditions an operating organization must comply with to fulfill its contract with Sourcewise.

Registered Service: Detailed client information for the client must be collected and reported when providing service. The agency is required to use Q Continuum ('Q'), Sourcewise's database program, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Programs are required to collect information including Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, ADLs, IADLs, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum ("Q"):

- Name
- Birthdate
- Zip Code
- Rural Status
- Nutrition Risk assessment
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Veterans Status
- Ethnicity
- Poverty Status
- Living Status
- ADLs / IADLs Assessment

Restaurant Option (RO): means an Older Californians Nutrition Program meal option providing older adults with vouchers for meals at licensed foodservice establishments such as restaurants, cafes, food trucks, and grocery stores with hot and/or cold meals. AAAs and/or nutrition providers contract with foodservice establishments to provide meals.

Restaurant Voucher: means paper or electronic system that Title III C-1 participants exchange for meals at designated restaurants.

Restricted Service: A service provided using MOCA funds in whole or in part for which demographic and consumer characteristics are reported in aggregate and consumer, personal identifying information (PII) is not shared or recorded at other than the provider level.

Service Provider: A term used to describe the bidding organization and used interchangeably with the 'bidder' and 'applicant'.

Subcontractor: The legal entity that is identified in the bidder's MOCA application to carry out part of the award to meet the unit of service requirements and/or program objectives outlined in the RFP Groceries, Title III C1 Congregate Meals, and Title III C2 Home Delivered Meals, Title III C1 To-Go Meals Socializing and Title III C2 To-Go Meals Non-Socializing Program Standards. A subcontractor is upheld to similar program/administrative requirements as outlined by in the Sourcewise contract, if awarded.

Subcontract: Means any form of legal agreement between the awarded bidders/contractor and the Subcontractor, including an agreement that the Area Agency on Aging/Sourcewise considers a contract, including vendor type Agreements for providing goods or services under this agreement.

Target Population: Persons 60 years and older who are in the greatest social need, the greatest economic need, with particular attention to low-income minority older individuals, older individuals with Limited English Proficiency (LEP), and older individuals residing in rural areas.

Title III C-1 (Congregate Nutrition Services): Nutrition services for older individuals in a congregate setting. Services include meals, nutrition education, nutrition risk screening, and opportunities for socialization. Each meal shall provide one-third (1/3) of the Dietary Reference Intakes (DRI) and comply with the most current Dietary Guidelines for Americans (DGA).

Title III C-2 (Home-Delivered Nutrition Services): Nutrition services provided to frail, homebound, or isolated older individuals including meals, nutrition education, and nutrition risk screening. Each meal shall provide one-third (1/3) of the Dietary Reference Intakes (DRI) and comply with the most current Dietary Guidelines for Americans (DGA).

To-Go Meals: Meals that are picked up by clients (or client's agent) who are not comfortable dining in a congregate meal setting.

- a. C-1: To-Go meals are categorized as C-1 meals if they are consumed onsite and in-person interaction (e.g., one-on-one with program volunteer) or consumed offsite and include virtual interaction (e.g., group interaction via Zoom, FaceTime, MS Teams, etc. or one-on-one with program volunteer via telephone) during the meal.
- b. C-2: To-Go meals are categorized as C-2 meals if they are consumed offsite without in-person or virtual interaction.

Unit of service: The activity which describes the type of service to be contracted for; all Sourcewise funded programs must provide a required number of units for the program area.

Unduplicated Persons Count: Define as a new person served. A client is considered new, only once within the fiscal year, when he/she first utilizes a covered service. A client, who has never been previously registered as a client for the service in the current fiscal year, may be counted as unduplicated. Bidders submitting proposals are required to include an unduplicated person count to provide services. Reporting requirements are described and nonnegotiable for registered and nonregistered MOCA Nutrition funded services.

Vendor: An entity selling goods or services to the bidding agency during the bidder's proposed performance of the project outlined in the RFP. A vendor is not responsible for carrying out Title III/Title VII/Ombudsman administrative/programmatic/matching contribution requirements which the bidding agency is primarily responsible for and is recognized as the subcontractor. The vendor must uphold the insurance, bonding, and security requirements outlined in the awarded bidding agency contract.

Voluntary Contributions: Providing clients with the opportunity to contribute monetarily to the cost of the service/program provided by the successful bidder. The successful bidder must (a) inform the client of the opportunity to voluntarily contribute to the cost of service, including but not limited to the cost-of-service delivery, related activities to facilitate access to meals, and/or supportive services of the service (b) describe the amount of suggested client contribution and how it was determined, and (c) explain the method used to collect and record client contribution.

¹ 22 CCR 7252

III. AAA TECHNICAL ASSISTANCE AND COORDINATION

- (a) Sourcewise shall furnish information in a timely manner and provide technical assistance, both on-site and through written communications, to service providers under contract with AAA. The assistance shall be based upon both of the following:
 - (1) The AAA's assessment findings of the service providers.
 - (2) Requests made by service providers.
- (b) In addition to (a), the AAA shall provide technical assistance to other organizations concerned with the needs of older individuals upon the request of such an organization.
- (c) Sourcewise shall:
 - (1) Undertake coordination activities designed to develop or enhance the development of community-based systems of care in, or serving, each community, as defined by the AAA, in the PSA. These coordination activities shall include, but not be limited to, all the following:
 - (a) Coordination with services provided under both of the following:
 - (1) Title VI, Part A: Grants for Native Americans, commencing with 42 U.S.C.
 - (2) Title VI, Part B: Grants for Supportive and Nutrition Services to Older Hawaiian Native,
 - (a) Programs described in 42 U.S.C. 3013
 - (b) The coordination of access, in-home and legal assistance services, with community-based organizations established to benefit individuals with Alzheimer's disease and their families.
 - (c) Agencies that provide services related to health, social services, rehabilitation, and mental health services.
 - (3) Require the service providers with which it contracts to both:
 - (a) Coordinate services with other appropriate services available in the community.
 - (b) Ensure that no service constitutes a duplication of a service provided by other entities.
 - (4) Conduct efforts to facilitate both of the following:
 - (a) The coordination of community-based long-term care services is designed to allow individuals to stay in their homes.
 - (b) The involvement of long-term care providers in the coordination of community-based long-term care services.
 - (c) The community's awareness of and involvement in addressing the needs of residents in long-term care facilities, including residential care facilities and skilled nursing facilities.

IV. GENERAL INFORMATION FOR SOURCEWISE INVITATION FOR BID & REQUEST FOR PROPOSAL

- A. Estimated Program Funding:
 - Proposals must be limited to the amount of funds that correspond to the specific program stated. Each of the allocations represents a planning

estimate provided by the California Department of Aging and is subject to change. Funding is contingent upon the availability of state and federal funds.

Additionally, one-time-only funding may become available for this project; however, one-time-only funding is not guaranteed.

- B. Ensuring Equity in Program Planning & Delivery: Programs, services, and activities must be very specific and explicit about the communities they are attempting to address. “Communities of color” or generic “diversity” language weakens and takes power away from the recommendation and the groups we aim to serve. To be explicit in terminology gives power to the systemically underrepresented or misrepresented group.

The strengths and the assets of each community must be highlighted and used to help us move in culturally appropriate and inclusive ways.

Programs and/or services should not unintentionally further exacerbate inequities experienced by some communities. View Appendix A.

- C. Program Assigned Responsibilities: Sourcewise will provide oversight on select program administration and operations, and the awarded bidder will be assigned responsibilities to ensure the full scope of the required program requirements are met to successfully provide services in the PSA during in the defined contract period. The responsibilities are outlined in the IFB/RFP Procedure and will be detailed in the contract agreement.
- D. Required Program Match: Bidders may be required to provide a share of the program cost. The match must relate to the project and expansion activities being proposed. Matching requirements are contingent based on the specific project funding source and will be identified as a requirement in the Program Standard of the Title III, Title VII, and Ombudsman program. Modernizing the Older Californian’s Act funding is not intended to be sole support for any service provided. Funding from other sources is necessary to effectively provide services. Additional points for otherwise responsive proposals will be awarded to applicants who exceed the minimum matching requirements.
- E. Program Support: Bidders must assure that Modernizing the Older Californian’s Act funds are not used to replace funds from non-federal sources and must take steps to obtain support from private sources and other public organizations for services. This funding is a catalyst for receipt of additional funding.
- F. Equipment Monitoring and Availability: Submit the model numbers, cost, age, and condition of equipment that will be or has been purchased with MOCA Nutrition funding. Equipment purchased with MOCA Nutrition funding will be monitored annually. Equipment/Property with per unit cost over \$5,000 or any computing devices, regardless of cost require justification from the Contractor and approval from Area Agency and must be included in the Modernizing the Older Californian’s Act approved program budget.

- G. Contract Period: The contract period for programs included in this RFP is a two-year period from January 1, 2025, through March 31, 2026. Yearly contract renewals up to three years following the initial contract year are allowable at the discretion of the AAA subject to annual renegotiation and availability of federal, State, and local funding.
- H. Multiple Contract Awards: Sourcewise reserves the right to enter multiple contracts for any program at a lesser amount than listed in the Request for Proposal specifications.
- I. Negotiations: Sourcewise may require the applicant to participate in negotiations, and to submit revisions to pricing, technical information, and/or other items from their proposal(s) as my result from these negotiations.
- J. Contingencies: Sourcewise reserves the right to issue an addendum or amendments to this RFP and to terminate this procurement process at any time.
- K. Eligible Organizations:
All interested applicants, whether public, private, non-profit, or profit-making agencies are eligible organizations. Contract awards made to for-profit organizations must be approved by the California Department of Aging. All recipients of funds that are private agencies must be incorporated to safeguard the interests of the California Department of Aging and Sourcewise.

V. FEDERAL AND STATE PROGRAM REQUIREMENTS

The authorizing Federal and State statutes governing the RFP process and Sourcewise as an Area Agency on Aging are found in the amended 2020, Title 22 of the California Code of Regulations, and Division 8.5 of the California Welfare and Institutions Code.

Before completing the proposal, bidders should review the minimum program requirements outlined below. Bidders define the specific and measurable objectives to satisfy each goal requirement in the submitted proposal using the defined application template. Bidders are unable to modify the requirements; these requirements become a condition of any contract awarded for the service. Sourcewise may negotiate modifications after the bid/proposal has been selected to assure that all necessary program requirements are met before the contract is signed. The awarded proposal will become a part of the contract agreement for services and monitored throughout the year by Sourcewise to ensure the minimum requirements for the award are satisfied.

(i). General MOCA Nutrition Program Requirements

- A. Targeting Populations:
 - (a) Bidders (and thereby the contracted providers of Sourcewise) shall target services to older individuals within the County of Santa Clara with the following characteristics:

- (1) Older individuals 60+ with the greatest economic need, with particular attention to low-income minority individuals. The term “greatest economic need” means the need resulting from an income level at or below the federal poverty line.
- (2) Older individuals 60+ with the greatest social need, with particular attention to low-income minority individuals. The term “greatest economic need” means the need caused by non-economic factors which include:
 - Physical and mental disabilities
 - Language Barriers and cultural or social isolation caused by, among other things, racial and ethnic status, sexual orientation, human immunodeficiency virus (HIV) status, gender identity, or gender expression that does either of the following:
 1. Restricts the ability of an individual to perform normal daily tasks.
 2. Threatens the capacity of the individual to live independently.
- (3) Older Native Americans.
- (4) Caregiver as defined in Title III E, which includes older caregivers providing care and support to persons with developmental disabilities.

(b) Bidders shall use outreach efforts to identify individuals eligible for assistance under federal

law. Priority shall be given to the following groups. Older individuals:

- (1) Who are isolated, abused, neglected, and/or exploited.
- (2) Who are frail and the caregivers of these individuals.
- (3) Who reside in rural areas.
- (4) Who have greatest economic need, with particular attention to low-income minority individuals.
- (5) Who have greatest social need, with particular attention to low-income minority individuals.
- (6) With severe disabilities.
- (7) With limited English-speaking ability.
- (8) With Alzheimer’s disease or related disorders with neurological and organic brain dysfunction and the caretakers of these individuals.

(c). For the purposes of (a), targeting of services within the County of Santa Clara, bidders shall

address as follows:

B. Determine the number, location, and needs of older individuals with these characteristics.

- (1) Consider the needs of the targeted groups in planning the services to be included in the Area Plan.
- (2) If possible, locate the provision of services in areas where a substantial number of the targeted groups reside.

Develop methods specific to the local community to serve the targeted group. For (b), outreach means to provide information and encouragement

about existing services and benefits to individuals.

- C. Coordination:
Bidders must form and administer cooperative agreements with other community agencies and organizations to ensure comprehensive and coordinated service delivery and to prevent duplication of services.
- D. Public Information and Outreach:
Bidders must have planned public information and outreach activities, including distribution of a brochure, to ensure the participation of those eligible older persons are of the target population.
- E. Recruitment and Training:
Bidders must demonstrate recruitment and appropriate training of staff and volunteers to support and meet the minimum program requirements of the funded services.
- F. Client Contribution:
Bidders must provide clients with the opportunity to contribute voluntarily and confidentially to the cost of the service unless otherwise stated in the specific program requirements.
- G. Client Input:
Bidders must have a procedure for obtaining the views of the participants of the service being provided.

(ii). [Health standards regarding the preparation & transport of Title III C-1 Congregate Meals and Title III C-2 Home Delivered Meals Requirements:](#)

- A. Bidders must adopt the implementation and enforcement of proper food preparation, handling, and storage practices. Strict compliance with food preparation and sanitation practices shall be followed, as specified in the California Retail Food Code and California Code of Regulations, Title 22, Division 1.8 California Department of Aging².

² 22 CCR § 7638.5

VI. LOCAL SOURCEWISE REQUIREMENTS

Priorities and Preferences: Preference will be given to those bidders meeting the definition of minority provider, and that emphasize supporting underserved communities while valuing connections in both a smaller scale as well as a more culturally representative of the community. The providers applying for service provision to geographic areas with high concentrations of low-income minority elders and underserved/vulnerable populations in Santa Clara County.

Late Proposal Submissions or Revisions: Proposals submitted after the deadline will not be accepted.

Contract Award Requirements: The following are additional contractual obligations

for all Sourcewise contractors that will influence the submission of a proposal:

1. Performance-Based Contracting: Contract awards include a performance standard clause with a specific, negotiated unit cost reimbursement rate and remedies if performance (quality or quantity) falls below a specified level in a specified period.
2. Program, Fiscal Reporting, and Record Keeping: Service providers will be required to submit monthly and/or quarterly reports on various aspects of program activities in accordance with the Sourcewise standard format.

All records of the service provider relating to the contract award must be maintained at the project site or local office and be made available for Sourcewise review as outlined in the contract agreement.

Service providers will be required to establish and maintain a financial management system that assures control over the use of contract funds and program income in accordance with federal and state requirements.

Registered service providers are required to submit monthly detailed fiscal reports by the 10th day of the following month for the previous month to request payment of contract services. All costs reported by the provider should be clearly identified in the financial supporting documentation, including required Sourcewise templates.

Non-registered service providers must submit a quarterly detailed fiscal report to request contract funds. All costs reported by the provider in monthly and final fiscal reports must be supported by appropriate accounting documentation.

3. Grievance Procedure: Upon award, the bidder is required to submit a written grievance process for reviewing and attempting to resolve complaints of older individuals receiving services funded by the MOCA Nutrition, in accordance with 22 CCR § 7400 and defined by Sourcewise in the contract.
4. Information Integrity & Data Security: The awarded bidder, including potential subcontractors and vendors, shall have in place operational policies, procedures, and practices to protect State information assets, including those assets used to store and access Personal Information (PI), Personal Health Information (PHI), and any information protected under the Health Insurance Portability and Accountability Act (HIPAA), (i.e. public, confidential, sensitive and/or personal identifying information).
5. Security Awareness Training: The awarded bidder, potential subcontractors and vendor employees and volunteers must complete the required California Department of Aging Security Awareness Training within 30 days of the contract start date. Any new employees and/or volunteers hired throughout the duration of the contract are also required to complete the required training within the first 30 days. These details will be included in the awarded bidder's

contract agreement.

6. Transition Plan: A transition plan is required to identify the bidder's organization plan to: (1) transition the service delivery; and (2) terminate and/or transfer services if required. The transition plan is required as part of the bidding application process.
7. Insurance: Prior to the commencement of any work or any Agreement with Sourcewise, the bidding agency shall be required to obtain the following:
 - Liability Insurance: procure and maintain comprehensive general liability insurance for the life of the agreement of no less than \$1,000,000 per occurrence for bodily injury and property damage combined. Higher limits may be required in cases of higher than usual risks.
 - Workers' compensation and Employer Liability Insurance: The bidding agency shall have in effect during the entire life of the proposed agreement to provide service, as prescribed by the laws of California, and certificates of insurance will be requested.
 - Automobile liability, including non-owned auto liability, of not less than \$1,000,000 for volunteers and paid employees providing services supported by the contract.
 - If applicable, or unless otherwise amended by future regulations, the provider shall comply with the Public Utilities Commission General Order No. 115-F which requires higher levels of insurance for charter-party carriers of passengers and is based on seating capacity as follows:
 - \$750,000 if seating capacity is under 8.
 - \$1,500,000 if seating capacity is 8-15.
 - \$5,000,000 if seating capacity is over 15.
8. Bonding: Bidders will be required to secure and maintain during the contract period a commercial fidelity bond in the penalty of either \$10,000 or 20% of the total contract award, whichever is larger, to protect against misappropriation of funds by any employee or volunteer or the agency.
9. Audits: Bidders will be required to submit to Sourcewise an audit of expenditures made under the contract award. This audit must be conducted by an independent auditor or auditing firm in accordance with federal guidelines and must specifically identify revenue, expenditures, matching funds, and program income from the project.

Contracts that expend \$750,000 or more in federal funds shall arrange for an audit to be performed as required by the Single Audit Act of 1984 (Public Law 98-502); the Single Audit Act Amendments of 1996 (Public Law 104-156); and 2 CFR 200.501 to 200.521 (formerly OMB Circular A-133).

10. Other Applicable Regulations: Bidders must be in conformity with the rules and regulations of the U.S. Administration on Aging and other applicable Federal and State mandates.
11. Contracts in Excess of \$100,000
If all funding provided herein exceeds \$100,000, the bidder shall comply with all applicable orders and requirements issued under the following laws:
- Clean Air Act, as amended [42 USC 1857]
 - Clean Water Act, as amended [33 USC 1368]
 - Federal Water Pollution Control Act, as amended 33 USC 1251, et seq.]
 - Environmental Protection Agency Regulations [40 CFR, Part 15] and [Executive Order 11738]
 - Public Contract Code Section 10295.3
 - Certification Regarding Lobbying Section 1352, title 31, United States code.
12. Contractors and Sub-contractors: Subcontractors must be qualified to provide the service purchased and to operate in compliance with program requirements and all subcontracts must be pre-approved by Sourcewise. Signed letters of agreement to participate must accompany the proposal. Copies of the final signed subcontracts and agreements must be submitted to Sourcewise with the contract. Subcontract and agreements must have the approval of Sourcewise before activation and the Contractor/Grantee must monitor the performance of the subcontractor.
13. Applicants must conform to all applicable provisions of the law and regulations. These shall include, but are not limited to the following:
- Older Americans Act of 1965, as amended;
 - Comprehensive Alcohol Abuse and Alcoholism Prevention, Treatment and Rehabilitation Act of 1970;
 - Mello-Granlund "Older Californians Act" of 1996;
 - California Code of Regulations, Title 22 (Social Security), Division 1.8 (California Department of Aging), Chapter 4 (Title III Programs-Program and Service Provider Requirements), Article 6 (Title III C-Elderly Nutrition Program), §7630 through §7638.13 (pages 174.21 through 174.27) of Register 2002, No. 2; 1-11- 2002;
 - California Retail Food Code (CRFC); Dietary Reference Intakes (DRI) and Dietary Guidelines of Older Americans Act Nutrition Programs as determined by the United States Department of Agriculture (USDA);
 - Code of Federal Regulations (CFR), Title 45, Part 74 (Administration Request for Proposals (RFP)
 - OMB Circulars A-87, A-102, A-110, A-122, and A-133; Section 15630, Welfare & Institutions:
https://obamawhitehouse.archives.gov/omb/grants_circulas
 - Code Reporting Requirements for Elder & Dependent Adult Abuse;
 - Federal Civil Rights Act of 1964, 1968 and 1991;
 - Rehabilitation Act of 1973; State law contained in W&I Code, Section 9542;
 - California Fair Employment and Housing Act;
 - Education Amendments of 1972;
 - Federal, State and County and regulations applicable to

- Affirmative Action and Sexual Harassment;
- Sourcewise Provider Manual;
- California Department of Aging (CDA) Program Memos available at www.aging.ca.gov/pm

For additional information regarding the RFP process reference the California Code Regulations [here](#).

For additional information related to program information reference the California Code Regulations [here](#).

Federal Regulations relating to the Older Americans Act can be reviewed [here](#).

Bidders can review Sourcewise policy & procedure manual, memorandums, and assessment/evaluation criteria and instruments with a written request submitted via regular mail or email to Sourcewise Chief Executive Officer, Aneliza Del Pinal (adelpinal@mysourcewise.com)

PART III: REQUEST FOR PROPOSAL GENERAL INFORMATION

I. SUBMISSION OF PROPOSAL

The program specific requirements for eligible services included in the Request for Proposal for 2024-2026 fiscal year is available on the Sourcewise website at <https://mysourcewise.com/support-sourcewise/grantees/>.

The Sourcewise Modernizing the Older Californian's Act Nutrition Application is available on the Sourcewise website at: <https://mysourcewise.com/supportsourcewise/grantees/>.

An application is required to be completed for each program. When the bidding agency submits the application, an original, plus five copies should be submitted in the order in which it is presented.

The bidder will bear all costs of developing the proposal and submitting one original and five copies to Sourcewise. Sourcewise reserves the right to reject all or part of any proposal if that proposal does not meet the minimum submission qualifications stated in the RFP document.

Each proposal shall include the following four sections:

- | | | | |
|-----|---------------------|-----|----------------|
| (A) | Program Description | (C) | Program Budget |
| (B) | Program Management | (D) | Supporting |

Proposals may be withdrawn from consideration by the bidder who has submitted a proposal but who no longer wishes to be considered at any time prior to the award. To withdraw a proposal an authorized bidder representative must deliver a signed request of withdrawal by email to Dustin Gordon, Area Planner at dgordon@mysourcewise.com and telephone call to (408) 350-3202 to confirm receipt of the withdrawal.

II. SCHEDULE OF PREPARING AND SUBMITTING A PROPOSAL:

The RFP schedule is listed below for all Modernizing the Older Californian’s Act Nutrition, please review carefully and plan accordingly. Detailed steps describing the RFP process are available in this document.

Schedule for Modernizing the Older Californian’s Act Nutrition services Request for Proposal⁴

| | |
|---|--------------------|
| Modernizing the Older Californian’s Act announcement, Mercury Newspaper | 10/4/24 - 10/5/24 |
| Notice of Funding Announcement on website | 10/4/24 |
| MOCA Application & Program Standards available on website | 10/4/24 |
| Bidders Conference | 10/9/24 |
| Letter of Intent Due | 10/17/24 at 4PM |
| Due date for proposals | 11/4/24 at 4PM |
| RFP Evaluation | 11/5/24 - 11/12/24 |
| Evaluation Committee recommendations | 11/18/24 |
| Board of Directors approval | 12/12/24 |
| Notification of contract awards, mail & email | 12/13/24 |
| Deadline for appeals | 12/20/24 |
| Contract negotiations and signature | 12/23/24 -12/31/24 |
| Services Begin | 1/1/25 |

⁴ The timeline outlined in the IFB/RFP Procedure is subject to change and/or Sourcewise reserves the right to issue an addendum or amendments to this RFP timeline.

III. STEP BY STEP INSTRUCTIONS

The following instructions correspond with each of the steps outlined above to successfully submit a proposal.

Step 1 Announcement of Request for Proposal:

View all Request for Proposal (RFP) available on the Sourcewise website at <https://mysourcewise.com/support-sourcewise/grantees/>

Step 2 Bidders Conference:

Attend the Bidder's Conference scheduled for Wednesday, October 9, 2024, from 10:00 a.m. - 11:00 a.m. via Zoom teleconference.

Modernizing the Older Californian's Act (MOCA) Nutrition Bidder's Conference

Time: October 9, 2024, 10:00 AM Pacific Time (US and Canada)

[Click Here to Join the Meeting](#)

Meeting ID: 874 9082 9480

Or call in (audio only)

One tap mobile

+16694449171,,87490829480# US

+16699009128,,87490829480# US (San Jose)

Step 3 Letter of Intent Submission:

The Letter of Intent must be submitted by the bidder on/or before Thursday, October 17, 2024, to Sourcewise by 4:00 p.m.

All bidders must complete and return the letter of intent.

The authorized signature is acceptable in two formats: (1) ink signature and scanned or (2) signed electronically using DocuSign or Adobe Acrobat with authentic digital signature submit the signed Letter of Intent to Dustin Gordon at dgordon@mysourcewise.com

Step 4 Proposal Submission:

All Brown Bag, Groceries, Intergenerational Activities, Title III C1 Congregate Meal Nutrition Services, Title III C2 Home Delivered Meal Nutrition Services programs completed proposals must be submitted on November 4, 2024, at 4:00 p.m. Incomplete applications will not be accepted.

Completed paper & electronic proposals must be submitted to Sourcewise, or they will not be considered for funding on Monday, November 4, 2024, at 4PM. The below submissions are required:

Emailed: One (1) complete electronic proposal submitted by email to Dustin Gordon dgordon@mysourcewise.com

Hardcopies: One (1) original and five (5) hard copies should be delivered or mailed to Sourcewise at, 3100 De La Cruz Blvd., Suite 310, Santa Clara, CA 95054.

Proposals submitted after this deadline will not be accepted. Postmarked, faxed, or e-mailed submissions are not acceptable.

Step 5 RFP Evaluation:

The Sourcewise RFP Evaluation Committee evaluates the proposals based on the criteria outlined in the Request for Proposal and submits recommendations to the Sourcewise Board of Directors. Members of the Evaluation Committee are comprised of Advisory Council members and Governing board members. They will evaluate all proposals to determine responsiveness to this Request for Proposal. The panel will recommend selection of a candidate bidder for final approval and negotiation of a contract. Proposals will be evaluated on the bidder's ability to meet the specifications, terms, and conditions of the RFP. Each evaluation committee member scores each proposal independently using a predefined rubric that resembles the RFP Proposal Submission criteria outlined in Part (A) - Part (D) on pages 17 - 20 of this document. Recommendations from the evaluation committee are based on the highest scores.

No single objective will constitute the basis for selection. During the selection process, the Evaluation Committee may wish to interview bidders. Interviews will be for clarification purposes only. No new material will be permitted at this time.

Step 6 RFP Recommendation:

The Evaluation Committee submits their final recommendation to the Board of Directors for contract award(s) and non-award(s).

Step 7 Board of Directors Approval:

The Sourcewise Board of Directors makes the final decision to select the contractors for the award(s) and non-award(s).

Step 8 Notification of Award:

A notification will be sent to both successful and unsuccessful applicants. A notice of adverse determination will be provided by the AAA and will:

Be in writing and delivered by either of the following methods:

- Faxed or emailed with a mailed follow-up original.
 - Certified or overnight mail return receipt requested.
- a. Describe the grounds for the adverse determination in sufficient detail to enable the entity to respond.

Include all the following information:

- The reason(s) for the adverse determination.
- The evidence on which the adverse determination is based.
- The effective date of the adverse determination.
- The legal or contractual citation upon which the adverse determination is based.
- A citation to, or copy of, the hearing process to be followed, including the entity's right to a hearing and the period in which to request a hearing.
- In addition, an AAA shall include in its final notice of adverse determination to an existing service provider or an applicant service provider a statement that all appeal procedures have been exhausted.

Step 9 Deadline of Appeals:

Must be made in writing to the CEO of Sourcewise and must identify which of the perceived deviations Sourcewise allegedly did not adhere to as specified in 22 CCR §7704(c)(3) (a-c) within five business days of the notification of award, on December 20, 2024, at 4 p.m.

Step 10 Contract Negotiations:

As part of the review process, the evaluation committee and the Board of Directors may require modifications or revisions to a proposal, including revisions to pricing, technical information, and/or other items from bidders' proposal (s). This assures that all necessary program requirements are covered before the contract is signed.

Step 11 Service Begins:

This is the date on which funded services begin and the date for beginning program monitoring and evaluation January 1, 2025.

PART IV: RFP SUBMISSION OF PROPOSAL GUIDANCE AND EVALUATION CRITERIA

Proposals will be evaluated according to the criteria outlined below for each section of the proposal. There is a possible 100 points (100%) available.

Part A: Program Description (52 points)

- I. Program description narrative must cover the following topics:
 - Do the services described match the description in the program standards with new innovative services that target new participants who have not been served in the nutrition programs previously? (10 points)
 - Adequacy of the plan to provide services to minority groups with an emphasis on supporting underserved communities. The plan includes small-scale/grassroots community engagement and is culturally representative of the communities in greatest economic & social need proportionate to the total population served. (10 points)
 - Does the program meet the minimum level of service described in the program standard based on the funding request? (5 points)
 - Based on program objectives are their sufficient goals outlined to successfully meet the minimum unit of service requirement? (7 points)
 - Does the bidding organization clearly describe their organizations staffing patterns and volunteer's ability to achieve the proposed objectives while providing adequate training to their staff and volunteers to serve the target population in this RFP? (9 points)
 - Specific goals identified to coordinate with local community-based agencies to minimize duplication of services? (3 points)
 - Does the bidding organization have an adequate plan to reach the target population and expand services? (3 points)
 - Specific goal to solicit clients for feedback on the quality of service? (3 points)
 - Does the bidding organization have a specific goal to provide an opportunity for clients to voluntarily contribute to the cost of service? (2 points)

II. Goals and objectives must be specific, measurable, and attainable.

Targeting:

Bidder must have established methods, other than the use of means testing, to provide services to the populations listed below. Programs, services, and activities must be extremely specific and explicit about the communities they are attempting to address gaps in service delivery.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Disabled Adults
- Low Income (federal poverty)
- Minority
- Living Alone

Demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the MOCA Nutrition outlined previously in this document.

Staffing & Volunteers:

Bidder must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the MOCA Nutrition program and the kind of task that will be performed by volunteers.

Coordination:

Bidder must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach:

Bidder must have planned information and outreach activities, including distribution of printed materials advertising the program.

Client Input:

Bidder must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas that are monitored for quality service.

Client Contribution:

Bidder must provide clients with the opportunity to voluntarily contribute to the cost of the program.

Describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined and (c) the method used to collect and record client contributions to ensure confidentiality.

Part B: Program Management (30 points)

- I. Program Management narrative must cover the following topics:
- Experience of bidder, in providing the proposed services more culturally representative of the communities. (8 points)
 - Experience of bidder in serving the target population. (5 points)
 - Adequacy of bidder's facility to accomplish the proposed program successfully. (5 points)
 - Adequacy of bidder's plan to self-evaluate and monitor proposed objectives to successfully meet goals outlined. (3 points)
 - Capability of bidder's plan to obtain additional funding support from private and other public sources. (2 points)
 - Adequacy of bidder's procedures in place to manage the required fiscal and program data reporting. The presence of findings related to their service delivery from previous reports. (3 points)
 - The bidder meets the definition of a minority provider. (4 points)

Part C: Budget (7 points)

- I. The program budget template is located on the Sourcewise website here:

<https://www.mysourcewise.com/about/grantees/>

The proposed program budget will be scored based on the agency's ability to include:

- Reasonable operating cost of proposed program. (1 point)
- Description of cost-effective strategies, including policies and procedures of bidding agency as it relates to the total request for funds and program cost. (3 points)
- Comparison of total program costs with program objectives and units of service for geographic area to be served. Reference objectives above to allocate costs to successfully meet objectives. (3 points)

A. General Program Budget Requirements:

One program budget must be submitted on the forms attached (C-1 through C-5) for each proposal application. The program budget must include all costs, both cash and in-kind, required to provide all service activities proposed.

The program budget must cover the entire contract period and include the minimum requested amount of MOCA Nutrition funds, other sources of cash, anticipated program income and the value of all donated services and materials.

If the program budget includes start-up costs of a one-time-only nature, please list these on a separate sheet of paper. This is in addition to including them in the program budget. Start-up costs should be identified using the proper budget category, source, and amount of anticipated expenditure.

B. ADDITIONAL BUDGET REQUIREMENTS:

On budget forms C-1 through C-5, the individual funding sources must be listed and the sum of all the funding sources must equal the Total Program Cost (column A) for each budget category. The funding sources are defined as follows:

1. Non-Match Cash: Local cash contributions that do not qualify as matching contributions and/or is not being budgeted as matching contribution. Examples would be other, non- Sourcewise federal funding.
2. Non-Match In-Kind: The value of non-cash contributions that do not qualify as matching contributions and/or is not being budgeted as matching contributions.
3. Cash Match: Non-Federal cash received by the agency and used to fulfill the local match requirement. No match is required for MOCA Nutrition.

Example of Non-Federal Matching Sources:

- a. Revenues from City, County, and State sources.
 - b. Revenues from private organizations.
 - c. Individual contributions are not tied to receiving service.
 - d. United Way revenues.
 - e. Revenue sharing.
4. In-Kind Match: Equivalent value of donated or volunteer services, supplies, etc. from nonfederal third-party sources and used to fulfill the local match requirement. It may also include the value of agency owned property utilized in the program. No match is required for MOCA Nutrition.
 5. Program Income: This column reflects the anticipated amount of funding or earnings to be received by the provider during the contract period from the following: client contributions for service, other individual donations, rents, payments, and residuals to the program for use of facilities, interest, etc.

Program income received as a direct result of the program must be used for costs related to that program and shall be spent before Sourcewise funds are applied. It cannot be used to meet the local match requirement.

6. Other Resources: This column reflects any other cash or in-kind governmental (public) or private resources (United Way, foundation grants, etc.), which are used in the program.

Budget Summary (Form C-1) should be completed after the detailed cost breakdown forms C-2, C-3, C-4, and C-5. List by budget category for summary totals from Forms C-2 through C-5 for each funding source in columns B through E. Column A should reflect the total costs for each budget category and match the totals for each budget category in the detailed breakdown. Refer to the definition of each funding source as outlined above.

A detailed breakdown of budget categories (Forms C-2 through C-5) represents the detailed itemizations for each budget category. All entries should be rounded off to the nearest dollar. Detailed costs must be shown for each expenditure made in support of the program. The budget categories are included in Appendix A. [Modernizing The Older Californian's Act Nutrition Budget Link](#)

Part D: Supporting Documentation (11 points)

I. Include the following:

- Organizational Chart: Attach a copy of the bidder's organization chart including the proposed program. (1 point)
- 501 (c)(3) designation letter from the IRS, if applicable (1 point)
- Job Descriptions: Attach job descriptions of the staff that will be paid with the Public Health Workforce funds described in the budget (1 point)
- Board of Directors roster (1 point)
- Bond & Insurance certification information including fidelity bond, general liability, private vehicle insurance, project vehicle insurance and worker's compensation insurance. (1 point)
- Documentation of Emergency plan that can be activated in an emergency. (1 point)
 - The plan should include assurances that the facility is prepared and that the staff, volunteers, and participants have been trained in emergency planning and in fire safety.
- Submit the bidders' written grievance process for reviewing and attempting to resolve complaints of older individuals. (1 point)
- Transition Plan:
 - The termination and/or transfer of services as required as part of the bidding application process. (1 point)
- Describe how additional funds would be used if additional funds became available. (1 Point)
- Describe how services would be reduced due to a reduction of funds. (1 Point)
- Submit a Letter of Recommendation from past funder on program/grant performance. (1 Point)

The recommendation to the Sourcwise Board of Directors for the award is based on the highest overall score out of a possible 100 points.

IV. TERMS AND CONDITIONS

A. Certification

By submitting a proposal, the bidder certifies that it has fully read and understood this RFP and has full knowledge of the nature of this service, including the scope and quality of work to be performed. Bidder also certifies that its proposal was prepared without prior understanding, agreement, or connection with any other bidder submitting a proposal for this RFP and is in all respects fair and without collusion or fraud, so that all proposals will result from free, open, and competitive proposing among all bidders.

B. Assignment and Guarantee

No assignment by the bidder of the contract or any part thereof, or of funds to be received hereunder, is binding unless Sourcwise has given written consent before such assignment. There is also no guarantee of a minimal amount of work or compensation for any bidder selected for contract negotiations.

C. Financial Responsibility for Proposal Costs

Sourcewise accepts no financial responsibility for any costs incurred by the bidder in responding to this RFP. Proposals will become the property of Sourcewise and may be used by the agency in any way deemed appropriate.

D. Clarification

Should discrepancies or omissions be found in this RFP or should there be a need to clarify this RFP, questions or comments should be directed to Dustin Gordon, dgordon@mysourcewise.com no later than 4:00 pm on Tuesday, October 29, 2024. Sourcewise shall not be responsible for, nor be bound by any oral instructions, interpretations or explanations issued by any representative of the agency.

E. Discrimination

The bidder and all subcontractors must not discriminate, nor permit discrimination on any person on the grounds of race, national origin, sex, disability, sexual orientation, veteran status, or any other legally protected classification, in their employment practices, in any of their contractual agreements, and/or in all services and accommodations that they offer the public or in their business operations.

F. Indemnification

Bidder, at its own expense and without exception, shall indemnify, defend, and pay all damages, costs, and expenses including but not limited to, attorney fees, and otherwise hold Sourcewise, its officials, its officers, its employees and agents harmless from any and all liability of any nature or kind arising out of or related to the preparation or presentation of a proposal in response to this RFP.

G. Gratuity Prohibition

Bidder shall not offer any gratuities, favors or anything of monetary value to any official, employee, or agent of Sourcewise for the purpose of influencing consideration of this proposal.

H. Contract Provisions

If a contract is awarded, the selected bidder will be required to adhere to a set of general contract provisions contained in the Sourcewise contract, including but not limited to: (1) indemnification; (2) General liability insurance with limits of not less than \$1,000,000 per occurrence for bodily injury and property damage combined (higher limits may be required by Sourcewise in cases of higher than usual risks) (3) professional liability insurance of no less than \$1,000,000 as it appropriately relates to services rendered; such coverage may include medical malpractices and/or errors and omissions; (3) automobile liability insurance, including non-owned auto liability, of not less than \$1,000,000 for volunteers and paid employees provided services supported by the Sourcewise contract; (5) workers compensation; (6) maintenance of necessary licenses; permits, and certificates; (7) recordkeeping; (8) non-discrimination; and adherence to all applicable federal, state and local laws. Exceptions will not be granted.

I. Right of Refusal

Sourcewise reserves the right to reject any and all proposals for any reason.

APPENDIX A: PROGRAM BUDGET CATEGORY DEFINITIONS

101 Personnel: List the exact number of paid or in-kind staff members used in support of the proposed program, their title, percentage of time in the program, and annual salary at 100% or FTE (full-time equivalent). Any change of salary status anticipated during the contract period must be listed.

102 Payroll Taxes & 103 - Fringe Benefits: Enter the appropriate payroll taxes and employee benefit costs for paid staff. The rates for formulating totals should be shown. State if an employee is exempt. All benefits provided to paid staff must be shown as broken out on this form.

104 Travel: This category is for all staff or volunteer travel costs related to the program. Staff travel and operational travel (such as mileage paid for escort service) must be listed separately. Staff travel must be in support of the program. The mileage reimbursement rate for staff and operational travel must be shown under description of budget item, as follows (Month x miles x cents x Staff)

105 Training: This category refers to expenses incurred for paid staff and volunteer attendance at conferences, conventions, and meetings that relate to the proposed program.

106 Equipment: Separate listings should be made in this category if equipment is to be purchased, or to be leased, and each item must be listed and described. If equipment is to be leased, indicate the cost per month. Also, included in this category should be the cost of operations, repairs, and/or maintenance for equipment.

- a. Equipment Justification: Required Sourcewise approval before purchase of equipment. Must complete equipment justification form. Enter a separate listing for each item on the equipment justification form and indicate whether the cost is for the item(s) price, operations, repairs, and/or maintenance. Include the value of in-kind contributions.
[Sourcewise Equipment Justification Form.pdf](#)

107 Occupancy: Enter the cost and specifics of all building space and utilities charged to this program. Indicate square footage, monthly rent, and time duration of lease, if applicable. If utilities are not included in the rental agreement, indicate and list separately. In-kind contributions should be entered at the fair market value or rental rate.

108 Telephone: Enter the cost of telephone service necessary to support the program.

109 Consumable Supplies: Enter the cost of items which are regularly consumed, including: bank checks, accounting or program forms, paper and fluid for duplicating, pens, paper clips, etc.

110 Printing & Publications: Enter the cost of outside printing. If a special or regular printing or mailing is to be done, indicate as a separate line item (Project Brochure- 5,000 @ 12 cents per brochure). Enter the cost of publications that relate to the proposed program as a separate line item.

111 Postage: Enter the cost of postage for regular and special mailings.

112 Insurance: Record the cost of all insurance (except Workers Compensation or any employee health insurance) under this category, necessary to support the proposed program.

113 Other Costs: Enter additional cost items which cannot be assigned to any other category. Any item listed must be organization, amount, time period, and a brief description of the service must

be included. Some examples of other costs include audit, accounting, taxes, licenses, legal services, and advertising.

114 Indirect Costs: This category is used only when the program is to be administered by an operating organization which is multi-operational. Indirect costs are those (a) incurred for a common or joint purpose benefiting more than one cost objective, and (b) not readily identifiable with the program itself, but which are nevertheless incurred by the contractor. To budget indirect costs, it is preferred that the contractor have an established indirect cost rate approved by the Department of Health and Human Services.

115 Subcontract: This category is for subcontractor costs. Service performed by a third party.

Sourcewise will allow indirect costs up to a maximum of 10% of direct costs, excluding in-kind contributions, capital equipment and subcontract services.



MODERNIZING THE OLDER CALIFORNIAN'S ACT NUTRITION SERVICES: BROWN BAG PROGRAM STANDARDS

Program Definition & Goal: a new innovative program designed to support participants of the Modernizing the Older Californians Act (MOCA) Nutrition by providing them with essential food items that are culturally comfortable to the participants in the Brown Bag program. Our goal is to reduce hunger and food insecurity among older individuals, supporting their health and well-being and delaying the onset of health issues related to poor diet within underserved communities while valuing connections with those providing the food items.

The key features of the program include providing easy access to nutritious food items (bag of groceries) for older adults to improve their overall diet, implementing new and creative nutrition services that cater to their unique needs, and strengthening support systems for older individuals in Santa Clara County. Supporting older adults in Santa Clara County through this program is crucial. By enhancing their access to nutritious food, we aim to improve their quality of life and ensure they remain healthy and active for as long as possible.

Service Type: Registered Service

Unit of Service: 1 bag of groceries = 1 unit of service.

Scope of Service & Funding

Funding available: \$150,000

Minimum funding request: \$75,000 (two contracts available at \$75,000 each).

Minimum Service Standard per Contract:

Units of Service: 3,750

Unduplicated Persons Served: 375

Area to be Served: Santa Clara County.

Service Area Target Population: Required to provide services to eligible Santa Clara County Older Americans Act participants aged 60 or older.

Demonstrate serving the target population (greatest social and economic need) and alignment with the Modernization of the Older Californian's Act.

Required Match: No match required.

For additional budgeting requirements read the Modernizing the Older Californian's Act Nutrition Invitation for Bid/Request for Proposal Procedure available on the Sourcewise website:

<https://www.mysourcewise.com/about/grantees/>

Serving all adults in Santa Clara County

■ 3100 De La Cruz Blvd, Suite 310
Santa Clara, CA 95054
P: (408) 350-3200

■ 16340 Monterey Road
Morgan Hill, CA 95037
P: (408) 762-7362

Since 1973

mysourcewise.com



Brown Bag

Program Specific Scope of Service:

1. Provider shall demonstrate the Brown Bag program meet the following requirements:
 - a. Use funds to provide surplus and donated edible fruits, vegetables, and other unsold food products to low-income older adults regularly.
 - b. Comply with the California Retail Food Code (CRFC).
 - c. Utilize an enrollment application to enroll new Brown Bag program participants.
 - d. Have procedures to protect the confidentiality and privacy of client information.
2. Provider shall obtain surplus food products for distribution in two ways:
 - a. Food gleaned by volunteers and/or
 - b. Food donated by farmers, growers, food manufacturers, retail food stores, etc.
3. Provide a variety of produce and other food products with nutritional value to supplement the diets of older individuals. Such foods include:
 - a. Fresh or frozen fruits and vegetables
 - b. Breads, cereals, rice, beans, and pasta products
 - c. Processed foods such as frozen entrees, and canned mixed dishes
 - d. The frequent distribution of dessert type items such as pastries, cookies, and cakes must be avoided.
4. Utilize volunteers and/or staff to glean, collect, sort, transport, and deliver food.
5. Operate at least one Brown Bag food distribution site and establish a schedule to maintain food distribution regularly.
6. Staff shall be trained and experienced in working with seniors who are in the greatest economic need (22 CCR § 7125) and social need (22 CCR § 7127). The skills to direct group activities, facilitate discussion, provide informal counseling, and coordinate community resources and linkages for participants are required.
7. **Objectives:** The provider is required to demonstrate that each of the following program's areas are successfully completed within the awarded fiscal year from January 1, 2025 – March 31, 2026. Included in the Modernizing the Older Californian's Act Application for Funding, list at least one measurable objective for each of the following program areas; reaching the target population, staffing and volunteers, coordination with other agencies, public information, and client input.

Targeting

Service providers must have established methods, other than the use of means testing, to provide services to all persons aged 60 or older or individuals with disabilities.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Low Income (at or below 185% of the Federal Poverty Level)
- Minority
- Living Alone

Demonstrate serving the target population (greatest social and economic need) and alignment with the intent of Modernizing the Older Californian’s Act.

Staffing & Volunteers

Service providers must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Brown Bag program and the kind of task that will be performed by volunteers.

Coordination

Service providers must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach

Service providers must have planned information and outreach activities, including distribution of printed materials advertising the program.

Client Input

Service providers must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas monitored for quality service.

Reporting Requirements:

As a “registered service” detailed client information for the client is required to be collected and reported if your agency plans to provide service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise’s database program, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Programs must collect information on Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, Activities of Daily Living (ADLs), IADLs, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum (“Q”):

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- ADLs/IADLs Assessment
- Veteran Status



PROGRAM STANDARDS MODERNIZING THE OLDER CALIFORNIAN'S ACT NUTRITION SERVICES: GROCERIES PROGRAM STANDARDS

Program Definition & Goal: a new innovative program designed to support participants of the Modernizing the Older Californians Act (MOCA) Nutrition by providing them with essential food items that are culturally comfortable to the participants in the Groceries program. Our goal is to reduce hunger and food insecurity among older individuals, supporting their health and well-being and delaying the onset of health issues related to poor diet within underserved communities while valuing connections with those providing the food items.

The key features of the program include providing easy access to nutritious food items (groceries) for older adults to improve their overall diet, implementing new and creative nutrition services that cater to their unique needs, and strengthening support systems for older individuals in Santa Clara County. Supporting older adults in Santa Clara County through this program is crucial. By enhancing their access to nutritious food, we aim to improve their quality of life and ensure they remain healthy and active for as long as possible.

Service Type: Registered Service.

Unit of Service: 1 grocery delivery (regardless of number of bags provided) = 1 unit of service.

Scope of Service & Funding

Funding available: \$145,739

Minimum funding request: \$145,739 (one contract available at \$145,739)

Minimum Service Standard:

Units of Service: 5,830

Unduplicated Persons Served: 500

Area to be Served: Santa Clara County.

Service Area Target Population: Required to provide services to eligible Santa Clara County Older Americans Act participants aged 60 or older.

Demonstrate serving the target population (greatest social and economic need) and alignment with the Modernization of the Older Californian's Act.

Required Match: No match required.

For additional budgeting requirements read the Modernizing the Older Californian's Act Nutrition Invitation for Bid/Request for Proposal Procedure available on the Sourcewise website:

<https://www.mysourcewise.com/about/grantees/>



Groceries Program

Program Specific Scope of Service by Contractor:

Provider shall demonstrate the Groceries Program meet the following requirements:

Use funds to provide groceries to MOCA participants. Potential scenarios include:

- a. Clients living in rural areas with limited access to grocery stores.
 - b. During emergencies when meals may not be available, or clients are unable to obtain other food.
 - c. Clients with dietary restrictions prevent them from consuming most Older Californians Nutrition Program (OCNP) meals.
 - d. Provide liquid nutrition supplements (e.g., Ensure, Boost, etc.) to clients at elevated risk for malnutrition as determined by physician or Registered Dietitian.
1. Provide groceries that may be delivered to participants or picked up by participants at a designated site, such as a congregate meal site.
 2. Evaluate the availability of similar services in the community to avoid duplication of services. Similar services include food bank services, Brown Bag program, and Commodity Supplemental Food Program.
 3. Evaluate clients prior to grocery services for:
 - a. Ability to store and prepare meals from groceries provided.
 - b. Use of other federal food assistance programs to ensure there is not duplication of services.
 4. Provide groceries consisting of food items only. There are no requirements for the amount or types of food offered as groceries. Groceries should be appropriate for the older adult population, such as produce, whole grains products, low fat dairy products, lean proteins, and lower sodium products.
 - a. Gift cards for groceries are not allowable and may not be used.
 - b. Groceries and liquid nutrition supplements (e.g., Ensure, Boost, etc.) cannot be counted toward Title IIIC meal counts or Nutrition Services Incentive Program (NSIP) meal counts.

Targeting

Service providers must have established methods, other than use of means testing, to provide services to all persons aged 60 or older.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Low Income
- Minority
- Living Alone
- Living in Rural Areas
- Participants during Emergencies

Demonstrate serving the target population (greatest social and economic need) and alignment with the intent of Modernizing the Older Californian's Act.

Staffing & Volunteers

Service providers must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Groceries Program and the kind of task that will be performed by volunteers.

Coordination

Service providers must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach

Service providers must have planned information and outreach activities, including distribution of printed materials advertising the program.

Client Input

Service providers must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas monitored for quality service.

Client Contribution

Service providers must give clients the opportunity to voluntarily contribute to the program's cost.

Describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined and (c) the method used to collect and record client contributions to ensure confidentiality.

Reporting Requirements:

As a “registered service” detailed client information for the client is required to be collected and reported if your agency plans to provide service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise’s database system, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Programs must collect information on Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, Activities of Daily Living (ADLs), IADLs, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum (“Q”):

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- ADLs/IADLs Assessment
- Veteran Status



MODERNIZING THE OLDER CALIFORNIAN'S ACT NUTRITION SERVICES: INTERGENERATIONAL ACTIVITIES PROGRAM STANDARDS

Program Definition & Goal: Efforts related to the planning, development, and implementation of activities and programs that bring participants of the Modernizing the Older Californians Act (MOCA) Nutrition together with children 17 or younger or adults 18 to 59 years of age. These mutually beneficial intergenerational activities promote greater understanding and respect between generations and strengthen older adults' recovery and resilience from isolation while providing direct interaction with different generations involving new innovative activities.

Providing new and innovative programs while supporting older individuals participating in the Older Californians Nutrition Program (OCNP) within Santa Clara County is essential for maintaining the continued health and well-being of older individuals.

Low Income: Means income below 185% of the Federal Poverty Level.

Service Type: Registered Service.

Unit of Service: The service units (intergenerational activities) and estimated unduplicated client count for OCNP clients.

The service units (intergenerational activities) and estimated count for adults 60 years of age or older.

A quarterly narrative report describing intergenerational activities, demographics of participants of intergenerational activities, and successes and challenges with intergenerational activities.

Scope of Service & Funding

Funding available: \$150,000

Minimum funding request: \$75,000 (two contracts available at \$75,000 each)

Minimum Service Standard:

Units of Service: 598

Unduplicated Persons Served: 88

Area to be Served: Santa Clara County.

Service Area Target Population: Adults sixty (60) years or older. Children under the age of (18) years old.

Demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the Older Americans Act. Reference 22 CCR § 7125 & 22 CCR § 7127.

Required Match: No match is required.

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For additional budgeting requirements read the Modernizing the Older Californian’s Act Nutrition Invitation for Bid/Request for Proposal Procedure available on the Sourcewise website: <https://www.mysourcewise.com/about/grantees/>

Intergenerational Activities

Program-Specific Scope of Service:

1. Provider shall demonstrate that Intergenerational Activities meet the following requirements:
Conduct innovative services and activities that support the goal to provide more meals to more older adults and/or the goal to pursue and conduct intergenerational activities to connect older adults with children/adults in conjunction with the OCNP. Examples of intergenerational activities include the following:
 - i. Development or maintenance of partnerships and collaborative efforts with programs serving children to foster intergenerational connections between older adults and children.
 - ii. Planning, development, or implementation of shared sites with programs serving meals to children to promote intergenerational meal programs.
 - iii. Planning, development, or implementation of intergenerational cooking demonstrations or classes.
 - iv. Planning, development, or implementation of shared garden sites and intergenerational gardening activities.
 - v. Virtual or in-person intergenerational social activities related to the C-1 or C-2 program.
 - vi. Virtual or in-person adult lunch companion for C-2 participants
2. Provide a quarterly narrative report describing intergenerational activities, demographics of participants in intergenerational activities, and successes and challenges with intergenerational activities.

Provide meals in accordance with the Older Americans Act and California Code of Regulations (CCR).

Promote and maintain high standards of food safety and sanitation as required by the California Retail Food Code (CRFC).
3. Use funding to provide meals for participants and activities that support intergenerational connections, however, funding may not supplant funds that would otherwise be available for other nutrition programs.
4. **Objectives:** The provider is required to demonstrate that each of the following program's areas are successfully completed within the awarded fiscal year from January 1, 2025 – March 31, 2026. Included in the Modernizing the Older Californian's Act Application for Funding, list at least one measurable objective for each of the following program areas; reaching the target population, staffing and

volunteers, coordination with other agencies, public information, obtaining contributions, client input, and fundraising.

Targeting

Service providers must have established methods, other than the use of means testing, to provide services to all persons aged 60 or older.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Children (under the age of 18)
- Low Income (at or below 185% of the federal poverty level)
- Minorities and Underserved Communities

Demonstrate serving the target population (greatest social and economic need) and alignment with the intent of the Modernizing the Older Californians Act.

Staffing & Volunteers

Service providers must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Older Americans Act program and the kind of task that will be performed by volunteers.

Coordination

Service providers must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach

Service providers must have planned information and outreach activities, including the distribution of printed materials advertising the program.

Client Input

Service providers must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas monitored for quality service.

Client Contribution

Service providers must allow clients to voluntarily contribute to the program's cost.

Describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined, and (c) the method used to collect and record client contributions to ensure confidentiality.

Reporting Requirements:

As a “registered service” detailed client information for the client is required to be collected and reported if your agency plans to provide service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise’s database program, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Programs are required to collect information on Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, ADLs, IADLs, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum (“Q”):

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- ADLs/IADLs Assessment
- Veteran Status



TITLE III C1: CONGREGATE MEAL NUTRITION SERVICES PROGRAM STANDARDS

Program Goal: a new innovative program designed to support participants of the Modernizing the Older Californians Act (MOCA) Nutrition by providing culturally appropriate meals that reflect the diversity of the community. Assisting older individuals by promoting better health through improved nutrition, and reduced isolation through nutrition-related supportive services to ensure older adults remain independent in their communities.

To reduce hunger and food insecurity while increasing the health and well-being of older individuals within underserved communities by assisting such individuals to gain access to nutritious meals to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior.

Service Definition: Nutrition services for older individuals in a congregate setting. Services include meals, nutrition education, nutrition risk screening, and opportunities for socialization. Each meal shall provide one-third (1/3) of the Dietary Reference Intakes (DRI) and comply with the most current Dietary Guidelines for Americans (DGA).

Providing new innovative nutrition services programs while supporting older individuals within Santa Clara County is vital in the development of the operations.

To be an eligible Title III C-1 congregate nutrition site, the site must meet all the following criteria:
[22 CCR 7638.7(a)]

- a. Be open to the public. [45 CFR (Code of Federal Regulations) 1321.53(b)(3)]
- b. Not a means test. [OAA (Older Americans Act) § 315(b)(3)]
- c. Provide participants the opportunity to make voluntary contributions and not deny service for not contributing to the cost of the service. [OAA § 315(b)(4); 22 CCR 7638.9]
- d. Not receive funds from another source for the cost of the same meal, equipment, or services.
[2 CFR 200.403(f); 45 CFR 75.403(f)]

Service Type: Registered Service

Unit of Service: 1 meal = 1 unit of service

Scope of Service & Funding

Funding available: \$216,904

Minimum funding request: \$108,452 (two contracts available at \$108,452)

Minimum Service Standard per Contract:

Units of Service: 10,845

Unduplicated Persons Served: 1,084



Service Standard:

Meal Type: Hot meals

Required Match: No match required.

For additional budgeting requirements read the Modernizing the Older Californian’s Act Invitation for Bid/Request for Proposal 2024-2026 Procedure available on the Sourcewise website:

<https://www.mysourcewise.com/about/grantees/>

Area to be Served: Santa Clara County

Service Area Target Population: Provide services to Santa Clara County older adults aged 60 and older, with emphasis on those in greatest economic and social need with particular attention to low-income minority older individuals, older individuals with Limited English Proficiency (LEP), and older individuals residing in rural areas. [Older Americans Act (OAA) § 305 (a)(2)(E); 22 CCR 7125, 7127, 7130, 7135]

Individuals eligible to receive a meal at a congregate nutrition site shall include the following:

- a. Any older individual (priority given to Santa Clara County older adults aged 60 and older).
- b. The spouse of any older individual (priority given to spouse of Santa Clara County older adults aged 60 and older).
- c. A person with a disability, under age sixty (60) who resides in housing facilities occupied primarily by older individuals at which congregate nutrition services are provided.
- d. A disabled individual who resides at home with and accompanies an older individual who participates in the program.
- e. A volunteer under age sixty (60), if doing so will not deprive an older individual sixty (60) or older of a meal. [CCR 7636.9(b)(3); CCR 7638.7(b); and OAA 339(H)]

Demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the Modernizing the Older Californian’s Act.

Title C1 Congregate Meal Nutrition Services

Program Specific Scope of Service:

1. Provide a hot meal 5 or more days a week (unless such service is not feasible), and any additional meals which the recipient of a contract may elect to provide.
2. Congregate and To-Go Meal must comply with the Older Americans Act and California Code of Regulations (CCR).
3. Meal must comply with the most recent Dietary Guidelines for Americans, including a minimum of one-third (1/3) of the in the Dietary Reference Intakes (DRIs) by the Food and Nutrition Board, Institute of Medicine, National Academy of Sciences (2006), which are incorporated by reference.
4. Provide meals in a congregate setting, including adult daycare facilities and multigenerational meal sites.

5. For C-1 To-Go meals that are consumed on site:
 - a. At least a portion of the meal is consumed in a congregate setting. Congregate settings include indoors (restaurants, grocery stores, etc.) or outdoors (parks, picnics, food trucks, festivals, events, tailgate parties, etc.)

6. For C-1 To-Go Meals consumed offsite:
 - a. If meals are consumed offsite and include virtual interaction (e.g., group interaction via Zoom, FaceTime, etc., or one-on-one with program volunteer via telephone) during the meal.
 - b. The sign-in procedure includes confirmation that the client intends to participate in the virtual group interaction. The meal is considered a C-1 meal if the client confirms their intent to join the virtual activity.
 - c. The service provider is responsible for tracking confirmation of planned attendance; however, the provider is not responsible for verifying the client attends the virtual activity.

7. For Restaurant Option (RO):

Is an Older Californians Nutrition Program meal option providing older adults with vouchers for meals at licensed food service establishments such as restaurants, cafes, food trucks, and grocery stores with hot and/or cold meals. Area Agency on Aging (AAAs) and/or nutrition providers contract with food service establishments to provide meals.

Restaurant Voucher is provided in a paper or electronic system that Title III C-1 participants exchange for meals at designated restaurants.

Provide meal services through either model:

 - Designated mealtime; program staff or volunteer present.
 - Unrestricted mealtime; program staff/volunteer not present.

Provide clients with the opportunity to voluntarily contribute toward the cost of the service either on-site if program staff/volunteer is present or by mailing a monthly/quarterly voluntary contribution letter to clients if program staff/volunteer is not present during mealtime.

8. Provide nutrition education, nutrition counseling, and other nutrition services, as appropriate, based on the needs of meal participants.

9. Comply with the California Retail Food Code (CRFC) and the local health department regarding safe and sanitary preparation and service of meals.

10. Comply with the Division of Occupational Safety and Health (Cal/OSHA), California Department of Industrial Relations requirements regarding staff and participant safety.

11. At a minimum, perform quarterly monitoring for safe food handling and sanitation practices of food facilities.

12. Have a manager on staff to conduct the day-to-day management and administrative functions of the program, and have one of the following:
 - a. An associate degree in institutional food service management, plus 2 years of experience as a food service supervisor, or,

- b. Demonstrate experience in food service, and within 12 months of hire successfully complete a minimum of 20 hours specifically related to food service management, business administration, or personnel management, or,
 - c. Two years' experience managing food services.
13. All staff, paid and volunteer, shall receive a minimum of 4 annual hours of training to perform their assigned responsibilities, including at a minimum:
 - a. Food safety, prevention of foodborne illness, and HACCP principles.
 - b. Accident prevention, instruction on fire safety, first aid, choking, earthquake preparedness, and other emergency procedures.
14. Each congregate meal provider shall:
 - a. Include a procedure for obtaining the views of participants about the services received.
 - b. Not preclude the services of a meal to a participant who has failed to make a reservation when food is available.
15. Each congregate meal site shall meet all the following:
 - a. Have a paid staff or volunteer designated to be responsible for the day-to-day activities at each site and physically be on-site during the congregate meal program.
 - b. Have restrooms, lighting, and ventilation that meet the requirements of the CURFFL.
 - c. Have equipment, such as tables and chairs, that is sturdy and suitable for older individuals. Tables shall be arranged to ensure ease of access and encourage socialization.
16. An eligible individual who receives a meal shall be given the opportunity to contribute to its cost. The provider shall develop a suggested contribution, considering the income ranges of older adults in the community. No eligible individual shall be denied participation because of failure or inability to contribute. In addition:
 - a. A sign indicating the suggested contribution for eligible individuals, and the fees for guests, shall be posted near the contribution container at each congregate meal site. A guest fee shall cover all meal costs.
 - b. The provider shall ensure that the amount of the eligible participants' contribution is kept confidential.
 - c. Upon award of the contract, the provider shall establish a written procedure to protect contributions and fees from loss, mishandling, and theft. Such procedures shall be kept on file at the provider's site.
 - d. All contributions and fees shall be identified as program income and used to increase the number of meals served, to facilitate access to such meals, and to provide nutrition-related supportive service.
17. Provide, at a minimum, 4 nutrition education sessions annually. Nutrition education is defined as demonstrations, presentations, lectures, or small group discussions. A registered dietitian should provide input and approve nutrition education content before the presentation. Upon award, the requirements for administering the training will be included.
18. The program encourages the use of volunteers. Volunteers shall be recruited and used in any phase of program operations where qualified.

19. Staff shall be trained and experienced in working with seniors who are in the greatest economic need (22 CCR § 7125) and social need (22 CCR § 7127). The skills to direct group activities, facilitate discussion, provide informal counseling, and coordinate community resources and linkages for participants are required.
20. **Objectives:** The provider is required to demonstrate that each of the following program's areas is successfully completed within the awarded fiscal year from January 1, 2025 – March 31, 2026. Included in the Modernizing the Older Californian's Act Application for Funding, list at least one measurable objective for each of the following program areas; reaching the target population, staffing and volunteers, coordination with other agencies, public information, obtaining contributions, client input, and fundraising.

Targeting

Service providers must have established methods, other than the use of means tests, to provide services to Santa Clara County older adults aged 60 or older.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Low Income (federal poverty)
- Minority
- Living Alone

Demonstrate serving the target population (at-risk socially/economically), keeping in line with the intent of the Modernizing the Older Californian's Act.

Staffing & Volunteers

Service providers must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Congregate Meals program and the kind of task that will be performed by volunteers.

Coordination

Service providers must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach

Service providers must have planned information and outreach activities, including the distribution of printed materials advertising the program.

Client Input

Service providers must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas monitored for quality service.

Client Contribution

Service providers must give clients the opportunity to voluntarily contribute to the program's cost.

Describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined, and (c) the method used to collect and record client contributions to ensure confidentiality.

Reporting Requirements:

As a “registered service.” Detailed client information for the client is required to be collected and reported if your agency plans to provide a service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise’s database system, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided by Sourcewise.

Programs must collect information on Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, nutritional risk, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum (“Q”):

- Unique participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- Nutrition Risk assessment
- Veteran Status

TITLE III C2: HOME DELIVERED MEAL NUTRITION SERVICES PROGRAM STANDARDS

Program Goal: a new innovative program designed to support participants of the Modernizing the Older Californians Act (MOCA) Nutrition by providing culturally appropriate meals to participants while assisting older individuals in California to live independently, by promoting better health through improved nutrition, and reduced isolation through programs coordinated with nutrition-related supportive services. Aims to ensure older adults remain independent in their communities.

To reduce hunger and food insecurity while increasing the health and well-being of older individuals within underserved communities by assisting such individuals to gain access to nutritious meals to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior.

Service Definition: A meal provided to an eligible individual in a congregate setting or their place of residence, that meets all the requirements of the Older Americans Act and State/Local laws, assures a minimum of one-third of the current Dietary Reference Intake, and shall comply with Dietary Guidelines for Americans. [22 CCR 7135, 22 CCR 7638.7(c)]. Meals must also meet the Nutrition Services Incentive Program (NSIP) requirements.

Providing new innovative nutrition services programs while supporting older individuals within Santa Clara County is vital in the development of the operations.

Service Type: Registered Service

Unit of Service: 1 meal = 1 unit of service

Scope of Service & Funding

Funding available: \$216,904

Minimum funding request: \$108,452 (two contracts available at \$108,452)

Minimum Service Standard:

Meal Type: Hot or Fresh meals

Units Served: 10,845

Unduplicated Persons Served: 1,084

Required Match: No match required.

For additional budgeting requirements read the Modernizing the Older Californians Act (MOCA) Nutrition Invitation for Bid/Request for Proposal 2025-2026 Procedure available on the Sourcewise website: <https://www.mysourcewise.com/about/grantees/>

Area to be Served: Santa Clara County

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Service Area Target Population: Provide services to Santa Clara County older adults aged 60 or older, with emphasis on those in greatest economic and social need with particular attention to low-income minority older individuals, older individuals with Limited English Proficiency (LEP), and older individuals residing in rural areas. [Older Americans Act (OAA) § 305 (a)(2)(E); 22 CCR 7125, 7127, 7130, 7135]

Individuals eligible to receive a home-delivered meal are individuals who are:

- a. Frail as defined by 22 CCR 7119, homebound by reason of illness or disability, or otherwise isolated. (These individuals shall be given priority in the delivery of services.) [45 Code of Federal Regulations (CFR) 1321.69(a)].
- b. The spouse of a person defined in 22 CCR 7638.7(c)(2), regardless of age or condition, if an assessment concludes that is in the best interest of the homebound older individual.
- c. An individual with a disability who resides at home with older individuals, if an assessment concludes that it is in the best interest of the homebound older individual who participates in the program.

Demonstrate serving the target population (at greatest social/economic need), keeping in line with the intent of the Older Americans Act. Reference 22 CCR § 7125 & 22 CCR § 7127.

C-2 Home Delivered Meal Nutrition Services

Program Specific Scope of Service:

1. Meal must comply with the Older Americans Act and the California Code of Regulations (CCR).
2. Meal must comply with the most recent Dietary Guidelines for Americans, including a minimum of one-third (1/3) of the in the Dietary Reference Intakes (DRIs) by the Food and Nutrition Board, Institute of Medicine, National Academy of Sciences (2006), which are incorporated by reference.
3. Regarding C-2: To-Go meals are categorized as C-2 meals if they are consumed offsite without in-person or virtual interaction.
 - a. To qualify for Title C-2 To-Go Meals the individual must meet the following criteria:
 - i. Meals are picked up by the client (or client's agent) or delivered by the provider to the client.
 - ii. Meals are consumed off-site (i.e., not in a congregate setting, no socializing involved).
 - iii. Participation in in-person or virtual interaction with the meal is declined or is not available.
 - b. Complete initial assessments for all new C-2 clients within 2 weeks of the start of service. The CCR 7638.3(a)(2) requirement for initial assessments to be conducted "in the home" does not apply if meals are picked up rather than home-delivered; assessments may be completed in person at the time of meal pick-up or via telephone. If meals are home-delivered by the provider, the initial assessment must be conducted in the home.
 - c. Complete quarterly eligibility reassessments for all C-2 clients
 - i. The CCR 7638.3(a)(4) requirement for quarterly eligibility reassessments to be conducted "in the home" every other quarter does not apply if meals are picked up rather than home-delivered by the provider and may be done in-person at the time of meal pick up or by phone. If meals are home-delivered, the quarterly eligibility reassessments must be conducted in the home every other quarter.

- d. Establish a waitlist and a prioritization policy as per CCR 7638.3(c) if unable to serve all eligible individuals.
4. Provide nutrition education, nutrition counseling, and other nutrition services, as appropriate, based on the needs of meal participants.
5. Comply with the California Retail Food Code (CRFC) and the local health department regarding safe and sanitary preparation and service of meals.
6. Comply with the Division of Occupational Safety and Health (Cal/OSHA), California Department of Industrial Relations requirements regarding staff and participant safety.
7. At a minimum, perform quarterly monitoring for safe food handling and sanitation practices of food facilities.
8. Have a manager on staff to conduct the day-to-day management and administrative functions of the program, and have one of the following:
 - a. An associate degree in institutional food service management, plus 2 years of experience as a food service supervisor, or
 - b. Demonstrate experience in food service, and within 12 months of hire successfully complete a minimum of 20 hours specifically related to food service management, business administration, or personnel management, or
 - c. Two years' experience managing food services.
9. All staff, paid and volunteer, shall receive a minimum of 4 annual hours of training to perform their assigned responsibilities, including at a minimum:
 - a. Food safety, prevention of foodborne illness, and HACCP principles.
 - b. Accident prevention, instruction on fire safety, first aid, choking, earthquake preparedness, and other emergency procedures.
10. Each home-delivered meal provider shall:
 - a. Develop and implement criteria to assess the level of need for home-delivered nutrition services of each eligible participant.
 - i. Initial determination of eligibility may be done by phone.
 - ii. Complete a written assessment 2 weeks prior to the start of meal services and shall include an assessment of the type of meals appropriate for the participant in their home environment.
 - iii. Reassessment of need shall be determined quarterly. Such reassessment shall be done in the home of the participant at least every other quarter. Two times a year.
 - b. Provide instructions in the language of most participants for handling and re-heating the meals.
 - c. The provider will develop a waiting list for home-delivered meals whenever the home delivered meals provider is unable to provide meals to eligible individuals. The decision to place eligible recipients of a home-delivered meal on a waiting list, and their position on such a list, shall be based on greatest need and/or in accordance with the policy established by the home-delivered meal provider, in consultation with Sourcewise.

11. An eligible individual who receives a meal shall be given the opportunity to contribute to its cost. The provider shall develop a suggested contribution, considering the income ranges of older adults in the community. No eligible individual shall be denied participation because of failure or inability to contribute. In addition:
 - a. A sign indicating the suggested contribution for eligible individuals, and the fees for guests, shall be posted near the contribution container at each congregate meal site. A guest fee shall cover all meal costs.
 - b. Upon award of the contract, the provider shall establish a written procedure to solicit contributions from participants who are homebound.
 - c. The provider shall ensure that the amount of the eligible participants' contribution is kept confidential.
 - d. Upon award of the contract, the provider shall establish a written procedure to protect contributions and fees from loss, mishandling, and theft. Such procedures shall be kept on file at the provider's site.
 - e. All contributions and fees shall be identified as program income and used to increase the number of meals served, to facilitate access to such meals, and to provide nutrition-related supportive service.
12. Provide, at a minimum, 4 nutrition education sessions annually. Nutrition education is defined as demonstrations, presentations, lectures, or small group discussions. A registered dietitian should provide input and approve nutrition education content before the presentation. Upon award, the requirements regarding administering the training will be included.
13. The program encourages the use of volunteers. Volunteers shall be recruited and used in any phase of program operations where qualified.
14. Staff shall be trained and experienced in working with seniors who are in the greatest economic need (22 CCR § 7125) and social need (22 CCR § 7127). The skills to direct group activities, facilitate discussion, provide informal counseling, and coordinate community resources and linkages for participants are required.
15. **Objectives:** The provider is required to demonstrate that each of the following program's areas is successfully completed within the awarded fiscal year from January 1, 2025 – March 31, 2026. Included in the Older Americans Act Application for Funding, list at least one measurable objective for each of the following program areas; reaching the target population, staffing and volunteers, coordination with other agencies, public information, obtaining contributions, client input, and fundraising.

Targeting

Service providers must have established methods, other than the use of means tests, to provide services to all persons aged 60 or older.

Service providers must show intent and methodology to serve the needs of:

- Age 75+
- Low Income (federal poverty)
- Minority
- Living Alone

Demonstrate serving the target population (at greatest social/economic need), keeping in line with the intent of the Modernizing the Older Californian’s Act.

Staffing & Volunteers

Service providers must demonstrate recruitment and training of staff & volunteers to support the program.

Staffing & Volunteers goal must describe specifically how many staff and volunteers will be required to support the Home Delivered Meals program and the kind of task that will be performed by volunteers.

Coordination

Service providers must form and administer cooperative agreements with other agencies to ensure comprehensive service delivery and avoid unnecessary duplication.

Public Information/Outreach

Service providers must have planned information and outreach activities, including the distribution of printed materials advertising the program.

Client Input

Service providers must have procedures in place for obtaining the views of the participants of the service being provided, including a written and distributed client grievance procedure.

Describe the process by which regular client input is received and areas monitored for quality service.

Client Contribution

Service providers must give clients the opportunity to voluntarily contribute to the program's cost.

Describe the process for collecting voluntary client contributions including (a) how clients will be informed of the opportunity to contribute to the cost of the service, (b) the amount of suggested client contribution and how it was determined and (c) the method used to collect and record client contributions to ensure confidentiality.

Reporting Requirements:

As a “registered service.” Detailed client information for the client is required to be collected and reported if your agency plans to provide a service in these areas. The agency is required to use Q Continuum (“Q”), Sourcewise’s database system, to report on services and client characteristics. The agency must have an internet-accessible computer. Q costs, installation, and training will be provided Sourcewise.

Programs must collect information on Name, Zip Code, and Birth Date to establish eligibility. Reporting requirements include unduplicated client counts including client demographic characteristics, ADLs (Activities of Daily Living), IADLs, nutritional risk, and units of service.

The following required characteristics must be collected from each client and entered to the Data Reporting Software, Q Continuum ("Q"):

- Unique Participant ID
- Name
- Birthdate
- Zip Code
- Rural Status
- Gender
- Sex at Birth
- Sexual Orientation
- Race
- Ethnicity
- Poverty Status
- Living Status
- Nutrition Risk assessment
- Veteran Status