



**You take care of
them—let us take
care of you.**



**Sourcewise is launching a CalAIM Community Supports
caregiver respite program for Anthem Medi-Cal recipients**

If you or someone you know is a caregiver, respite care can give you a short break while your loved one continues to receive safe and caring support.

Respite can help with:

- Personal care and daily tasks
- Watching your loved one to keep them safe
- Giving caregivers time for appointments
- Reducing stress and burnout
- Extra help during touch times

You're not alone. Sourcewise is here to help.

Get Support Now!

To Enroll:

- Call (408)350-3277
- Visit www.mysourcewise.com/caregivers OR
- Scan the QR code to enroll



SOURCEWISE
COMMUNITY RESOURCE SOLUTIONS